

[Academics] Yasuko Ishigaki (Part-time Lecturer) <ishigaki@ab.auone-net.jp>

[Course aims]

Students will deepen their understanding of the role of nursing, for which expectations are ballooning in the age of comprehensive regional care, and of palliative care, which serves as the foundation for treatment and welfare amid the increasing number of cancer patients and patients with chronic conditions. In particular, students will learn about forms of care that aim to maintain and increase the QOL of patients and their families and about the nature of providing support for decision making. In addition, there will be discussions on the ethical issues faced by a super-aged society and the role of nurses as advocates for patients and their families.

[Course objectives]

The goals of this course are for the student to be able to:

1. Understand the essence of palliative care and to be able to realize the importance of an attitude of respect for patients as ordinary citizens.
2. Understand the role of nurses who support the decision-making process of patients and their families when deciding on a treatment/care plan.
3. Consider a strategy for cooperating with medical care staff regarding the nature of care to provide a satisfying end of life for those in the terminal phase of an illness.

[Course content]

Class	Theme	Content	Academics
1 ) 2	1. Nursing in the age of regional comprehensive care	<ul style="list-style-type: none"> <li>• Understanding the general outline of the Social Security System National Assembly Report</li> <li>• The role of nursing and the constituent elements of a comprehensive regional care system</li> <li>• The role of providing support for a patient's self-help ability</li> <li>• The role of nursing and the mix of required skills</li> </ul>	Yasuko Ishigaki
3 ) 4	2. The overall picture of cancer treatment and palliative care	<ul style="list-style-type: none"> <li>• Palliative care and its essence</li> <li>• Understanding patients as ordinary citizens</li> <li>• Palliative care and total pain: particularly spiritual care</li> </ul>	Yasuko Ishigaki
5 ) 6	3. Palliative care and clinical ethics	<ul style="list-style-type: none"> <li>• Quality of medical care and clinical ethics</li> <li>• Informed consent and communication</li> <li>• Supporting the decision making of the patient and their family</li> <li>• Discussion of ethical cases</li> <li>• The role of ethics and nurses</li> </ul>	Yasuko Ishigaki
7 ) 8	4. Palliative care in a super-aged society	<ul style="list-style-type: none"> <li>• Progress in medicine/treatment and the QOL of the elderly</li> <li>• When eating ceases to be possible</li> <li>• Aiming for a clinical setting without restrictions</li> <li>• Nurses as advocates</li> <li>• The value of basic care that does not change over time</li> </ul>	Yasuko Ishigaki

[Grading policies]

Comprehensive evaluation is based on the presentation and report on each discussion topic and discussion participation.

[Textbook]

Ishigaki, Yasuko: Clinical ethics basic lessons. Japanese Nursing Association Publishing Company. 2012.

[Reference book]

Reorganize your own understanding of palliative care from your clinical experience.