

## Psychosomatic Dentistry

Seminar/Lab./Clinic Academic year 1,2 credits  
2・2・10

[Academics] Yoshihiro Abiko, Jun Sato, Koki Yoshida

### [Course aims]

Psychosomatic dentistry is the field that solves medically unexplained oral symptoms (MUOS). MUOS is those that complain of symptoms without any clear dental or medical cause, and psychosocial factors are involved in the manifestation of symptoms. The purpose of this course is to understand approaches to patients who complain of MUOS.

### [Course objectives]

- (1) Explain what psychosomatic dentistry is.
- (2) Explain what oral symptoms are difficult to explain medically.
- (3) Explain the diagnosis of patients complaining of MUOS.
- (4) Explain therapeutic approaches for patients complaining of MUOS.

### [Course content]

Class	Theme	Content	Academics
1	Lecture	Class content and assignments; Psychosomatic medicine, Psychiatry, Psychosomatic dentistry, Clinical psychology, Oral medicine	Yoshihiro Abiko Jun Sato Koki Yoshida
2	Clinical practice (1)	Class content and assignments; Study by observation of oral medicine consultation clinic.	Yoshihiro Abiko Jun Sato Koki Yoshida
3	Clinical practice (2)	Class content and assignments; Medical interviews with patients, Formulation of treatment plans.	Yoshihiro Abiko Jun Sato Koki Yoshida

### [Class implementation method]

Combination of face-to-face learning and distance learning

Class implementation depends on the implementation policy of each department (graduate school) or school.

### [Grading policies]

Evaluation by report.

### [Textbook]

none

### [Reference book]

歯科医師・歯科衛生士のための認知行動療法 松岡紘史、安彦善裕 医歯薬出版

### [Preparation for course]

Understand and prepare for the purpose of this course before attending.