# **Sports Management Course**

### **Course Overview**

Participants in the Sports Management Course are trained through adapted sports, in which physically challenged persons, aged persons, minors and the like are able to participate, to be leaders well-versed in the coaching and management aimed at increasing understanding about local inclusive society and attaining better wellness.

Those who complete the course relating to adapted sports at university can apply for qualification as a sports instructor for 1<sup>st</sup>-grade disabled persons. Also, those who complete the designated course at university are qualified, at the time of graduation, for an exam for certified social workers, and can obtain a teaching credential at high school and a teaching credential at special-needs school.

### What are adapted sports?

Adapted sports are sports adapted to the personal states of development and physical conditions by changing their rules or creating brand-new sports so that various persons including physically-handicapped persons, aged persons and minors can participate.

# What can be learned in an "Adapted sports exercises" class

By completing the exercises, you will deepen your knowledge about sports for physically handicapped persons (i.e. *parasports*) and learn the relations between sports and welfare. In coordination with a local sports club for people with a disability, you will interact with people with a disability.

This course is administered by the education research group called "Education & Welfare Course," which consists of teachers involved in education and sports, that is, teachers in charge of the teacher-training course, in charge of the social work education course and specializing in sports and coaching for people with a disability. The specialties of each teacher are as described below.

### **Faculty members**

Name: Jun Shiraishi

Speciality: Educational Law and Regulation, Educational Management

Class Subject: Pedagogy, Practice Teaching

Name: Maki Fukuma

Speciality: Educational welfare, School social work Class Subject: Social Work, School Social Work Theory

Name: Naoya Kondo

Speciality: Welfare theory of persons with disabilities

Class Subject: Psychology, physiology, and pathology for children with intellectual

disabilities